

What Does My Body Language Tell You?

Answer the questions below about body language!

1. Arms Crossed, Frowning

- What do you think this person is feeling?
- Why might someone cross their arms?



2. Smiling, Standing Tall

- What message does this body language send?
- When do you feel like standing tall and smiling?



3. Looking Down, Shoulders Slumped

- What emotion might this show?
- How can you help someone who looks like this?



4. Waving and Making Eye Contact

- What does waving usually mean?
- Why is eye contact important?



5. Hands on Hips, Eyebrows Raised

- What could this person be thinking?
- Is this body language confident, curious, or something else?

