What Does My Body Language Tell You?

ARMS CROSSED, FROWNING



What do you think this person is feeling?

Why might someone cross their arms?

LOOKING DOWN, SHOULDERS SLUMPED



What emotion might this show?

How can you help someone who looks like this?



WAVING AND MAKING EYE CONTACT

What does waving usually mean?

Why is eye contact important?



What could this person be thinking?

Is this body language confident, curious or something else?

