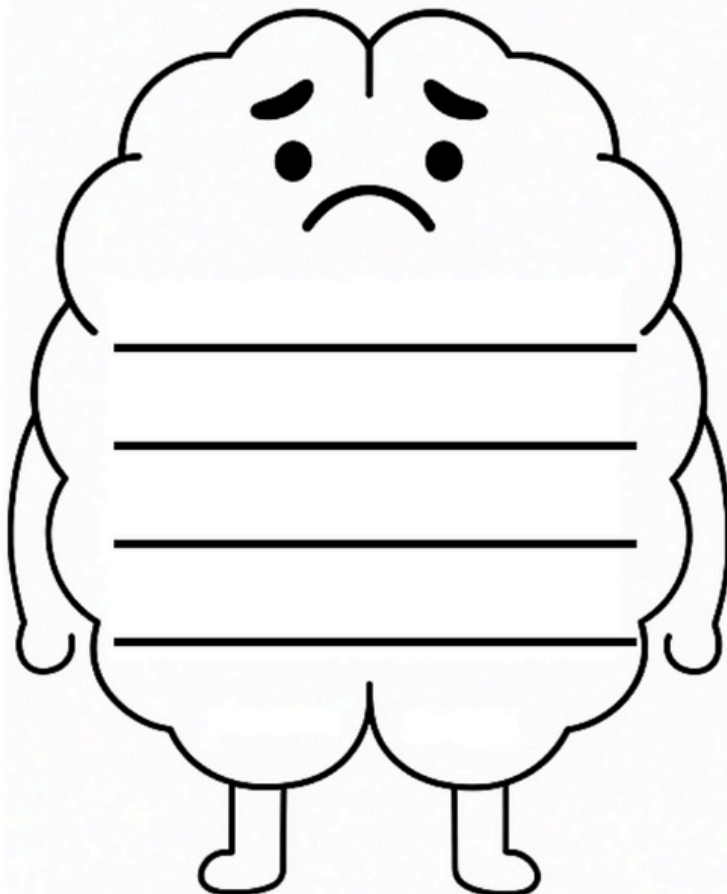


Two Brains: Stuck vs. Growing

A fixed mindset (Stuck Brain) means you believe you can't get better, even if you try. A growth mindset (Growing Brain) means you believe you can learn and improve with practice. Rewrite the following statements in either the stuck or growing brain:

- I can't
- I can learn
- This is too hard
- I'll keep going
- I'm bad at this
- I can try
- I give up
- Mistakes help me

Stuck Brain



Growing Brain

