



How to play:

Find something to use as a token such as a penny or button. Use dice or make number cards 1-6. Place your tokens on the **Start** circle and take turns moving around the board. When you land on a space with a single word like **Family** or **Nature**, name one thing in this category that you are grateful for. For example, in the category of **Nature** you might say “trees.” If you land on the **Free** space, name anything that you are grateful for. If you land on **Grateful Words** or **Grateful Actions** name one word or action that you can say or do to show gratitude. When you land on a space with a ladder, you can slide to the space below! First one to the **End** is the winner!