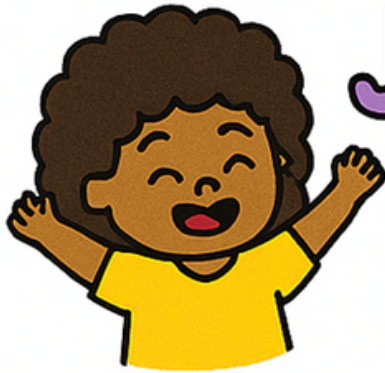




BODY POSITIVITY JOURNAL



**THREE THINGS I
LOVE ABOUT MY BODY:**

.....
.....



**MY FAVORITE WAY
TO MOVE MY BODY:**

.....
.....



SOMETHING I'M GOOD AT:

.....
.....

**DRAW A PICTURE
OF YOURSELF:**

