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✓	Is My Child Ready to Be Home Alone?	Did my child understand?		
	We talked about and/or role played what to do in stressful situations.			
	We discussed problem solving that my child may need to do.			
	My child makes good decisions and obeys rules.			
	My child is comfortable being alone.			
	My child can care for him/herself.			
	We talked about calling someone for help, and my child understands when that's appropriate.			
	My child knows and is comfortable with the people who are emergency contacts.			

✓	I've Taught My Child:
	Basic first aid
	When and how to call 9-1-1
	What to do in case of an emergency
	What to do if there is a small fire/kitchen fire
	How to lock/unlock windows and doors
	How to properly use the phone/cell phone
	How to fix meals and use the stove/microwave
	What to do if the smoke alarm goes off
	How to handle severe weather
	What to do if there is a power outage
	The house rules