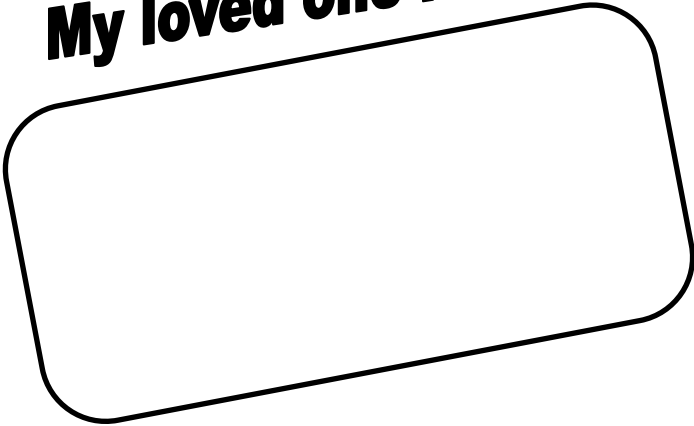


My Loved One Has a Serious Illness

My loved one is my:



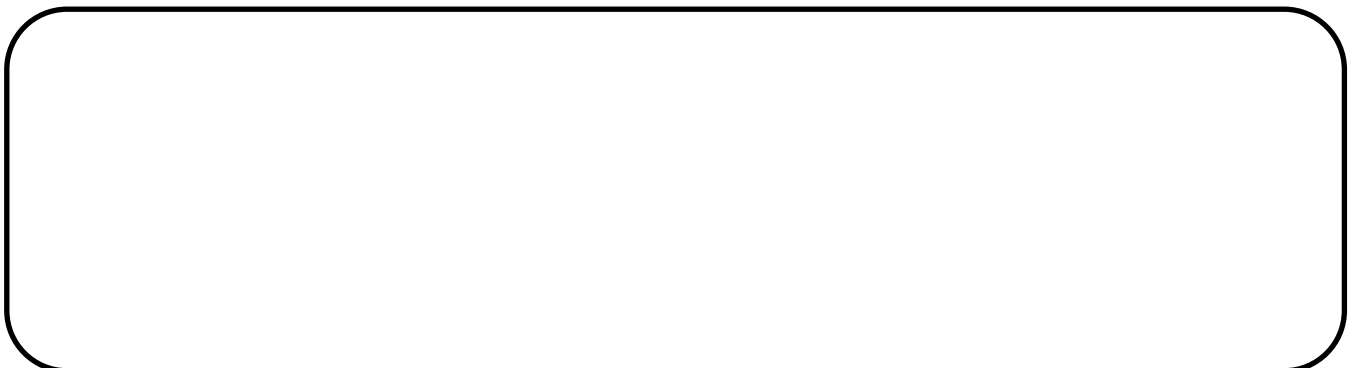
The illness is:



Some questions I have about the illness are:



My life has changed in these ways since the illness:



Some things that I can't do with my loved one since the illness are:

Things that I can do to keep myself physically and mentally healthy are:

Some of my worries are:

This is how I feel today (circle as many as you want):



Sad



Happy



Unsure



Nervous



Frustrated